

Coaching, Refereeing and First Aid Courses

Updated: 10 December 2009



The following courses are planned to be held in the near future in the vicinity of Harpenden. Additional courses will be available if you are willing to travel further afield. If you would like to attend any of those listed or would like further information, then please contact David Barr, HRFC Coaching Co-ordinator, at hrfccoaching@hrfc.com, mobile 07795 685682.

Rugby Ready

Date/time	Venue
4 th Nov 2009, 7pm	Hitchin RFC
20 th Jan 2010	OAs
10 th March 2010	Hitchin RFC
5 th May 2010	Hertford
2 nd June 2010	OAs

Tag Rugby

Date/time	Venue
None currently scheduled, however please contact David Barr if interested.	

Continuous Personal Development (CPD) Courses

All evening sessions, 7pm – approx 9pm.

Course	Venue/Date
Mini Courses:	
Line Out	Harpenden RFC Mon 25 th Jan 2010
Youth/Junior Courses:	
Continuity	Hertford RFC 18 th Jan 10
Kicking Strategies	OAs Mon 1 st Feb 10
Adult Performance:	
Back play	OAs Mon 1 st March 10

Level 1 (note that all sessions must be attended)

Date/time	Venue
Induction evening: 27 th Jan 2010 Practical days: 30 th Jan + 6 th Feb 10	Woolhams, St Albans (OAs)
Induction evening: 17 th Feb 2010 Practical days: 21 st + 28 th Feb 2010	Harrow School
Induction evening: 17 th March 2010 Practical days: 21 st + 28 th March 10	North Herts College, Hitchin
Induction evening: 12 th May 2010 Practical days: 16 th + 23 rd May 10	North Herts College
Induction evening: 12 th May 2010 Practical days: 16 th + 23 rd May 2010	Trent Park, Middlesex University
Induction evening: 9 th June 2010 Practical days: 13 th + 20 th June 2010	Woolhams, St Albans (OAs)

Level 2

The RFU expect L2 candidates to have attended the Level 1 and CPD program (see CPD table above), and be actively coaching a 15 a side team. Both the Part 1 and Part 2 sessions must be attended.

Date/time	Venue
Part 1: 8 th + 9 th May 2010 Part 2: 16 th + 23 rd May 2010	Harrow School
Part 1: 12 th + 13 th June 2010 Part 2: 20 th + 27 th June 2010	North Herts College

Entry Level Referee Award

Date/time	Venue
None currently planned, however please contact David Barr if interested.	Cedars Academy, Cedars Upper School, Mentmore Road, Leighton Buzzard, Beds, LU7 2AE

Referee Education Evening

Date/time	Venue
11 th Jan 2010, 7.30pm – 9.30pm	HRFC

First Aid for Appointed Persons

Date/time	Venue
Sun 10 th January 2010, 9.30am-4.30pm	Herts Sports Village, Hatfield
Sun 14 th February 2010, 9.30am-4.30pm	Herts Sports Village, Hatfield
Sun 14 th March 2010, 9.30am-4.30pm	Herts Sports Village, Hatfield