

# RFU Coaching & Refereeing Courses

Updated: 6<sup>th</sup> Nov 2011



The following courses are planned to be held in the near future in the vicinity of Harpenden. Additional courses are available if you are willing to travel further afield. If you would like to attend any of those listed or would like further information, then please contact David Barr, HRFC Coaching Co-ordinator, at [hffcocoaching@hrfc.com](mailto:hffcocoaching@hrfc.com), mobile 07795 685682.

## Rugby Ready

The IRB Rugby Ready programme is intended to raise awareness of good practice and help stakeholders manage the inherent risks of the sport by putting appropriate safeguards in place. Now a pre-requisite to attending the Level 1 course.

Date	Time	Venue
Sunday 20 <sup>th</sup> Nov 2011	1.30pm – 4.30pm	Old Albanians RFC
Weds 23 <sup>rd</sup> Nov 2011	7pm – 9.30pm	Hemel Hempstead RFC

## Tag Rugby

The Start Coaching Tag Rugby course lasts for approximately three hours and is practical-based. There is no formal assessment, and the course is delivered by an accredited coach educator.

**None currently planned- contact David Barr if interested.**

## Continuous Personal Development (CPD) Courses

CPD short courses are available to supplement the RFU qualifications, by further developing coaching expertise. CPD courses should be undertaken before, after and alongside attendance at qualification courses.

Date/ time	Course	Venue
14 <sup>th</sup> November 2011, 7.15pm	Back Attack	Harpenden RFC
14 <sup>th</sup> November 2011, 7pm	Scrum Factory	Fullerians RFC
6 <sup>th</sup> February 2012, 7.15pm	Half Back Play	Old Albanians RFC

## Level 1 (note that all sessions must be attended)

Date/time	Venue
Induction evening: 23 <sup>rd</sup> Nov `11 Practical days: 27 <sup>th</sup> Nov + 4 <sup>th</sup> Dec `11	North Herts College, Hitchin
Induction evening: 7 <sup>th</sup> March 2012 Practical days: 11 <sup>th</sup> + 18 <sup>th</sup> March 2012	Bedford Modern School, Bedford

## Level 2

The RFU expect L2 candidates to have attended the Level 1 and CPD program (see CPD table above), and be actively coaching a 15 a side team. Both the Part 1 and Part 2 sessions must be attended.

Date/time	Venue
Part 1: 7 <sup>th</sup> + 8 <sup>th</sup> July 2012 Part 2: 28 <sup>th</sup> + 29 <sup>th</sup> July 2012	Bedford Modern School, Bedford

## Entry Level Referee Award (ELRA)

RFU's Entry level refereeing qualification, covering IRB Laws of the Game and their application when refereeing. There are theoretical and assessment activities in the course. Laws applying to the different phases of the game are delivered in a practical manner and this is reinforced through classroom presentation of the key learning points.

Date/ time	Venue
14 <sup>th</sup> /21 <sup>st</sup> / 28 <sup>th</sup> Nov + 5 <sup>th</sup> Dec 2011, 7.15pm	Tabard RFC, Radlett

## Refereeing Mini-Midi (i.e. ages 7-12)

Suited to those looking to gain an understanding of how to referee mini-midi rugby, perhaps prior to progressing to the ELRA qualification in future seasons. The course covers the following key aspects: a) the qualities of a good referee b) the key requirements of mini midi rugby c) the required behaviours, attitudes, skills and knowledge of an effective mini midi referee d) identification and practise of key skills in a practical situation e) completion of mini midi rules test.

**None currently planned- contact David Barr if interested.**